

HEALTH BITS

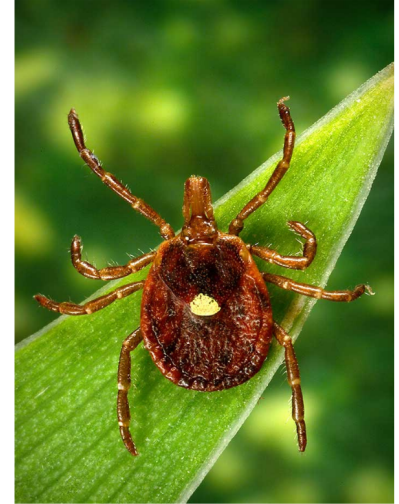
Jefferson County Public Health Service



American Dog Tick



Black-Legged (Deer) Tick



Lonestar Tick

Tick Bite Prevention

Warmer weather is finally here! Spring is a time for us to get outdoors, but we need to remember that spring is a time for ticks to become active too. Adult deer ticks are most common right now, which can cause Lyme Disease, Anaplasmosis, Babesiosis and a few other rare infections. No matter what type of tick or what germs it may carry, you want to take steps to reduce your risk of getting bit, and getting sick.

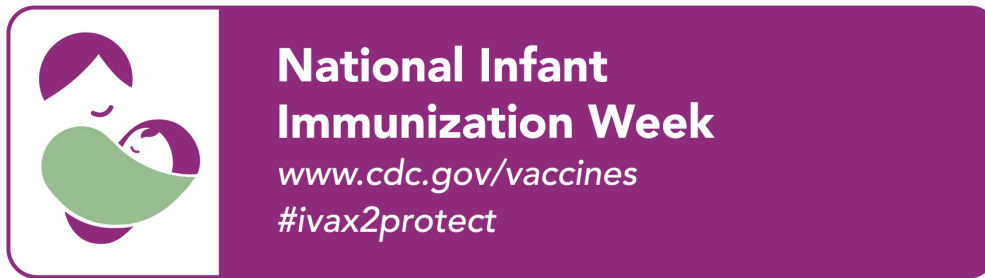
- ✓ Tuck pants into socks
- ✓ Use repellent on skin, and/or permethrin on shoes, clothing & outdoor gear
- ✓ Stay in center of trails
- ✓ Do a daily body check & remove an attached tick right away
- ✓ Protect your pets with tick prevention products

RABIES VACCINATION CLINICS

Thursday, April 20
Thursday, May 18
Thursday, June 15

from 5:00 - 7:00pm at
Jefferson County
Dog Control

A \$10 donation per
pet is suggested.



National Infant Immunization Week (NIIW) is April 24 – 30. Each year, NIIW celebrates the critical role vaccination plays in protecting the health of our children and families – and this year we’re reminding parents of the importance of staying up to date with routinely recommended vaccines following disruptions from COVID-19.

As a parent, you want to protect your little one from harm. Vaccinating your child according to the recommended immunization schedule gives him or her the best protection against 14 serious childhood illnesses – like measles and whooping cough – before the age of 2.

JCPHS encourages you to make sure your child is up to date on vaccines by ensuring that they haven’t missed any check-ups. Well-child visits are essential.

If you’re pregnant, now is a great time to talk with your medical provider about immunizations recommended during pregnancy, which help protect both you and your baby from birth until they are old enough to get their own vaccines.



Vaccines for Children Program

The Vaccines for Children (VFC) program provides vaccines at no cost to children (up to age 19) who are Medicaid-eligible, uninsured, underinsured or American Indian/Alaska Native. Ask your child's provider or pharmacist if they offer VFC, or call JCPHS at 315-786-3730 to schedule a VFC appointment.

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